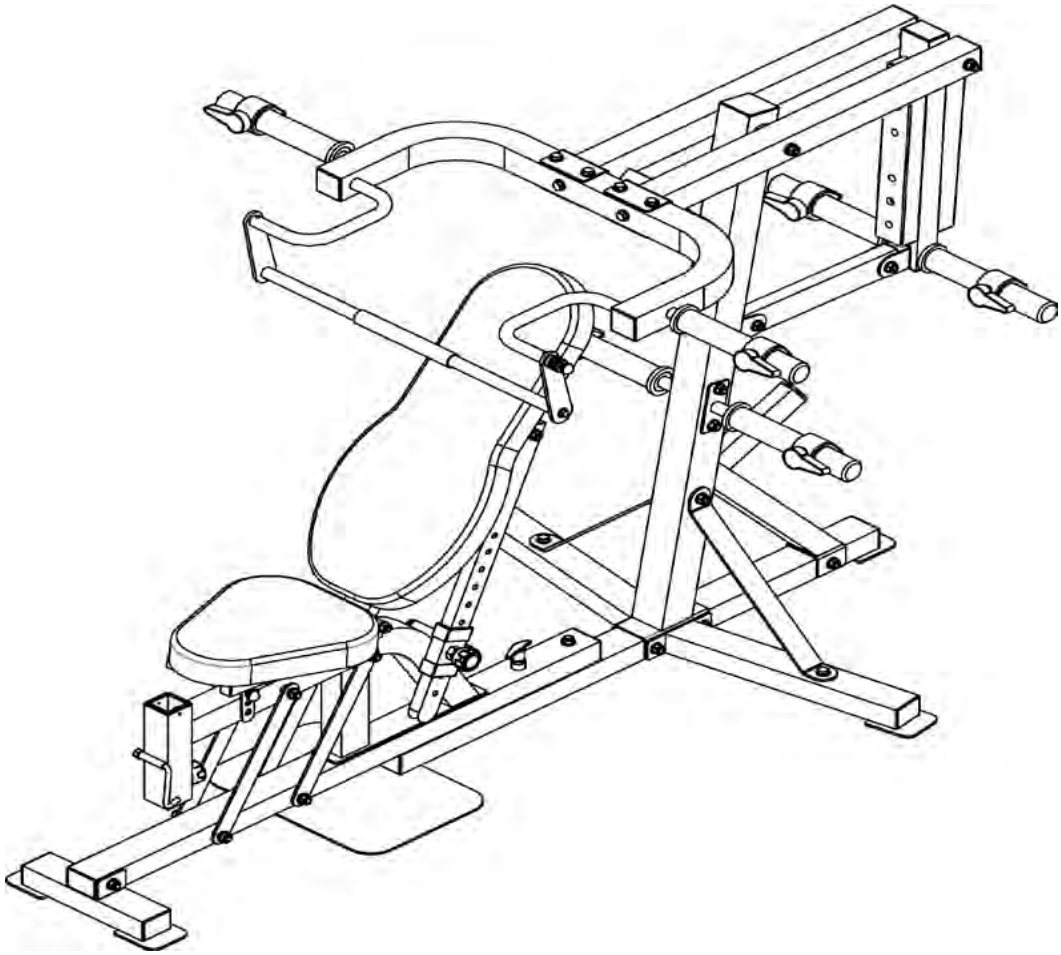
PM4400 LEVERAGE GYM

228KG RESISTANCE

(STMAMG-PM4400)



ENG - Assembly Manual - HOME GYM - Leverage bench
IMPORTANT: Please read the Important Safety Notice before assembling this product.

ESP - Manual de montaje - MULTIESTACIÓN - Banco de palancas
IMPORTANTE: Por favor, lea las instrucciones, antes de montar este producto.

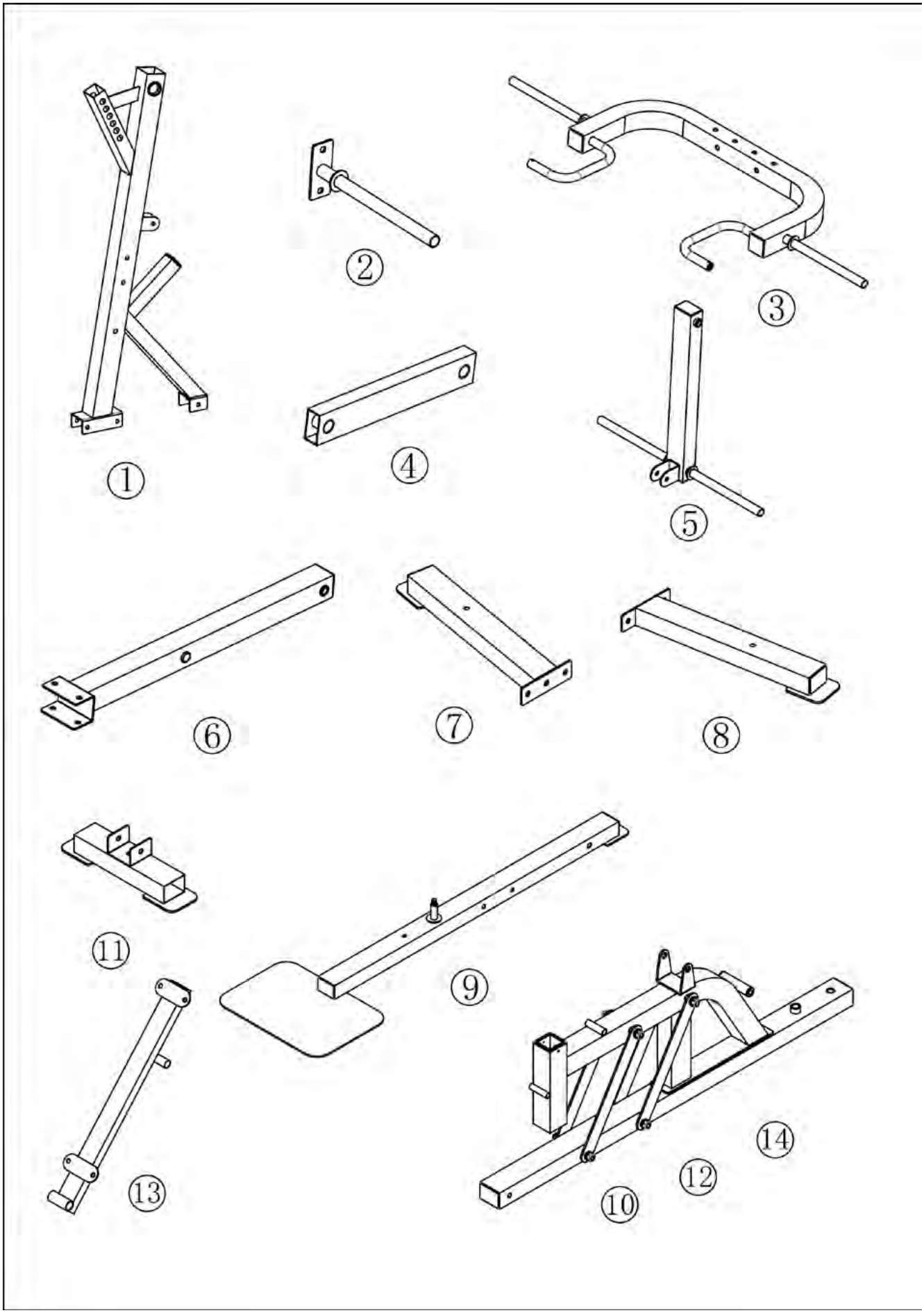
FRA - Manuel de montage - APPAREIL À CHARGE GUIDÉE - Banc à leviers
IMPORTANT : Lire les instructions importantes de montage avant de monter ce produit.

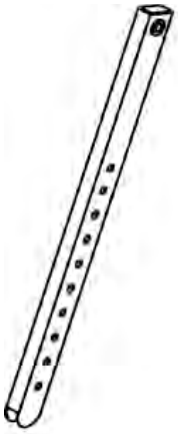
ITA - Manuale di montaggio - MULTISTAZIONE - Panca a leve
ATTENZIONE: Leggere tutte le istruzioni e precauzioni di utilizzare questa

DEU - Monateganleitung - KRAFTSTATION - Hebelbank
WARNUNG - Bitte lesen Sie vor der Montage die wichtigen Sicherheitshinweise.

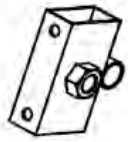
POR - Instruções de montagem - MULTI-ESTAÇÃO - Banco de alavancas
IMPORTANTE: leia os manuais antes de começar a montar este produto.

01092016

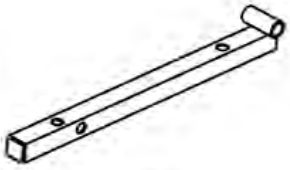

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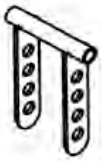
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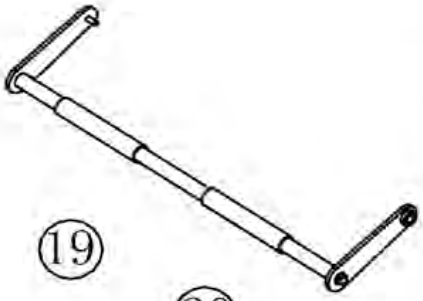
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18



19 20



21



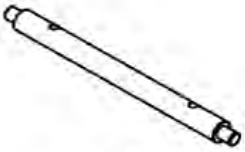
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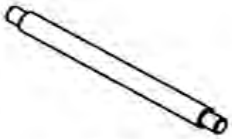
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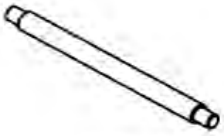
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26



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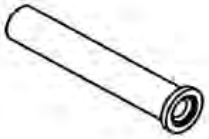
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32



33



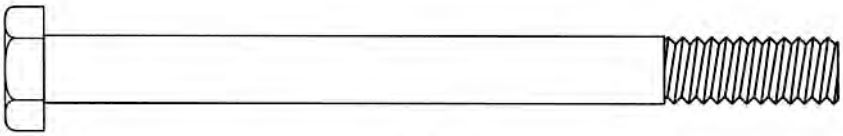
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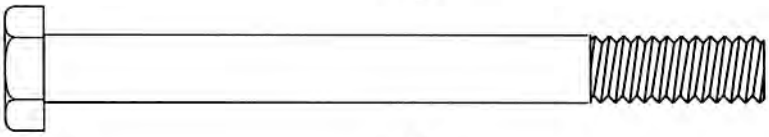
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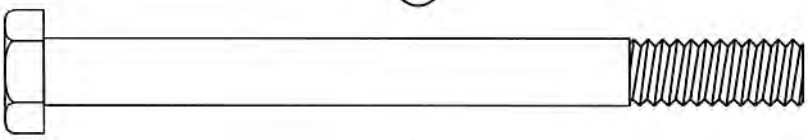
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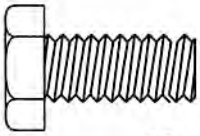
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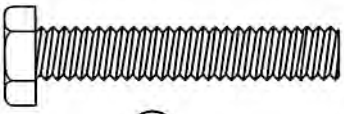
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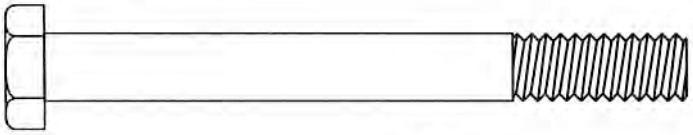
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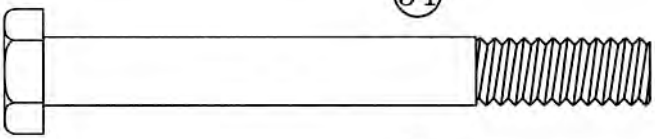
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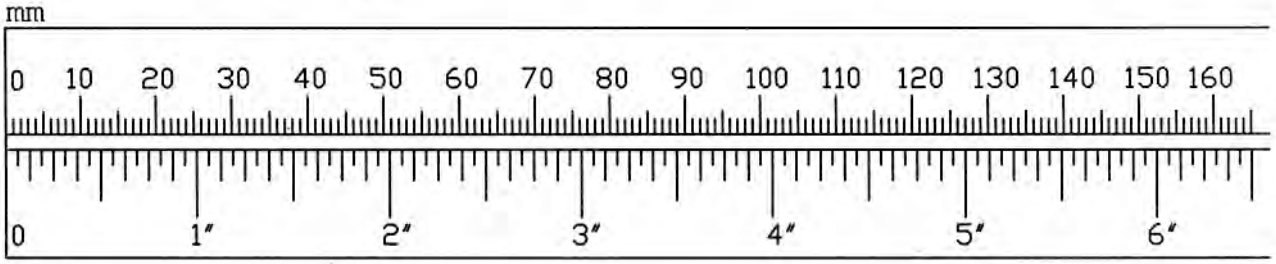
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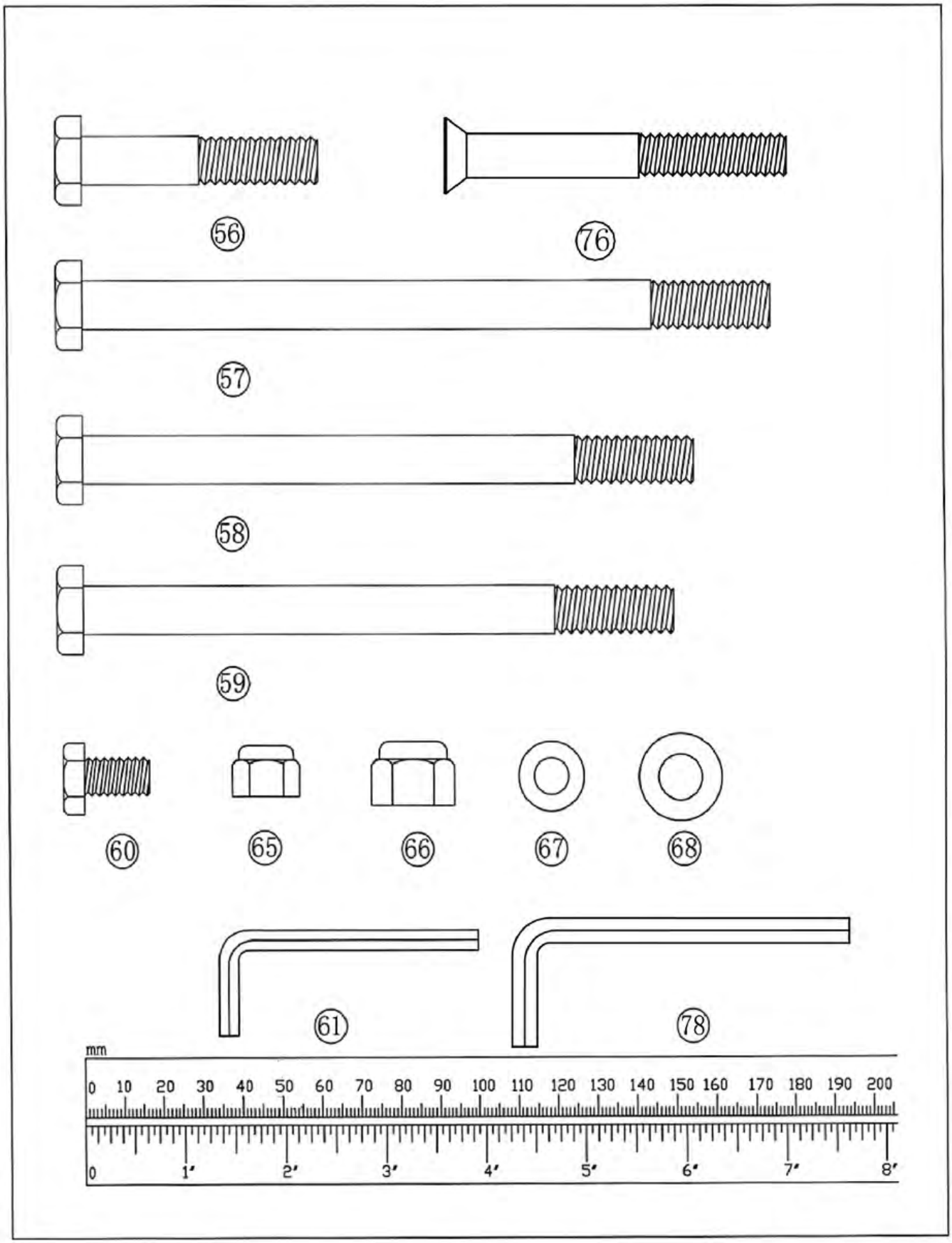


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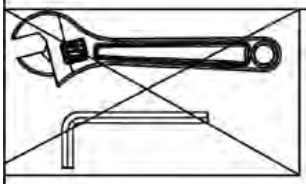


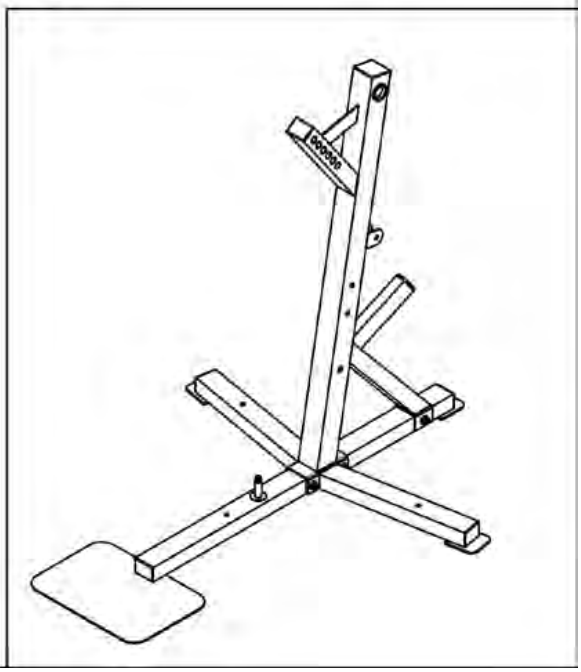
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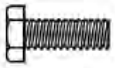

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mm
0 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 160 170 180 190 200
0 1′ 2′ 3′ 4′ 5′ 6′ 7′ 8′

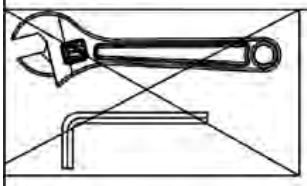
㊾		2	M12X104.8mm
㊿		1	M12X95.3mm
66		3	M12
68		6	ø24.4mm

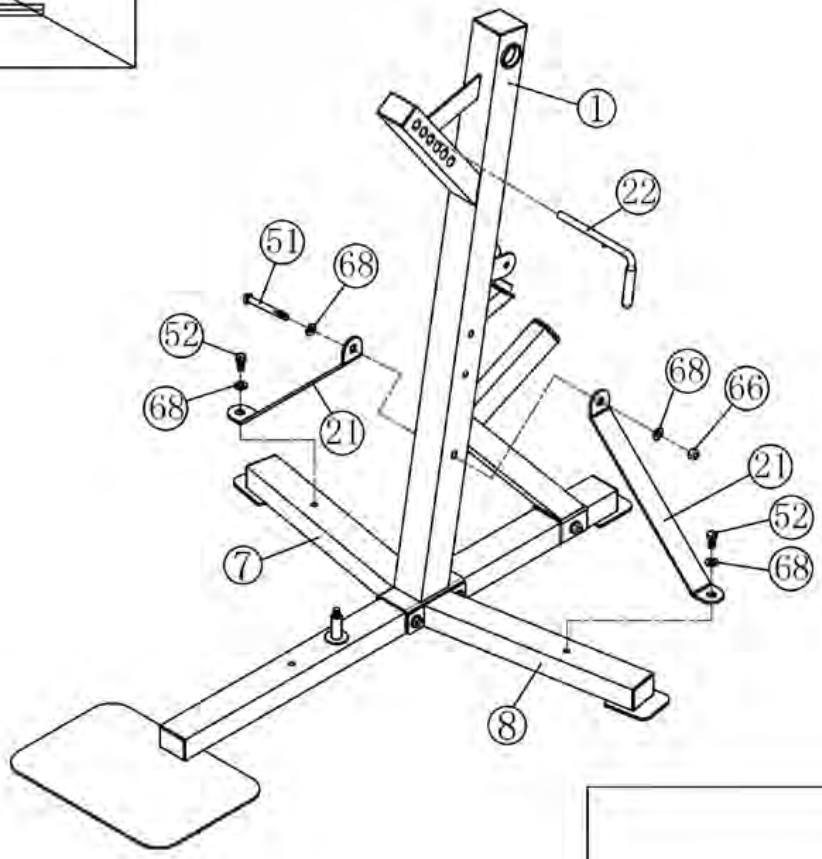


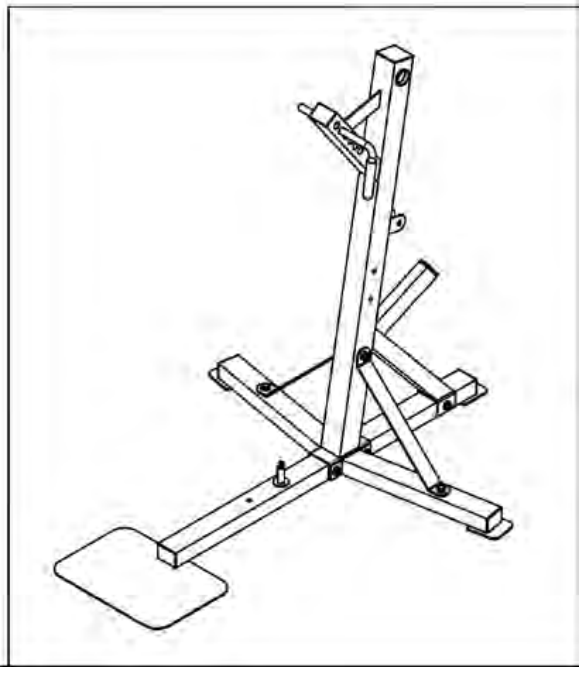


1

⑤1		1	M12X**101.6mm**
⑤2		2	M12X**19.1mm**
⑥6		1	M12
⑥8		4	⌀**25.4mm**

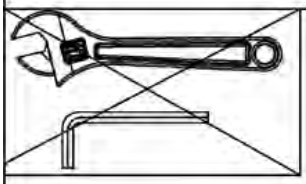




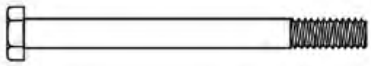
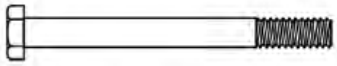


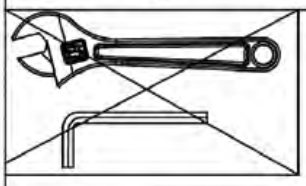
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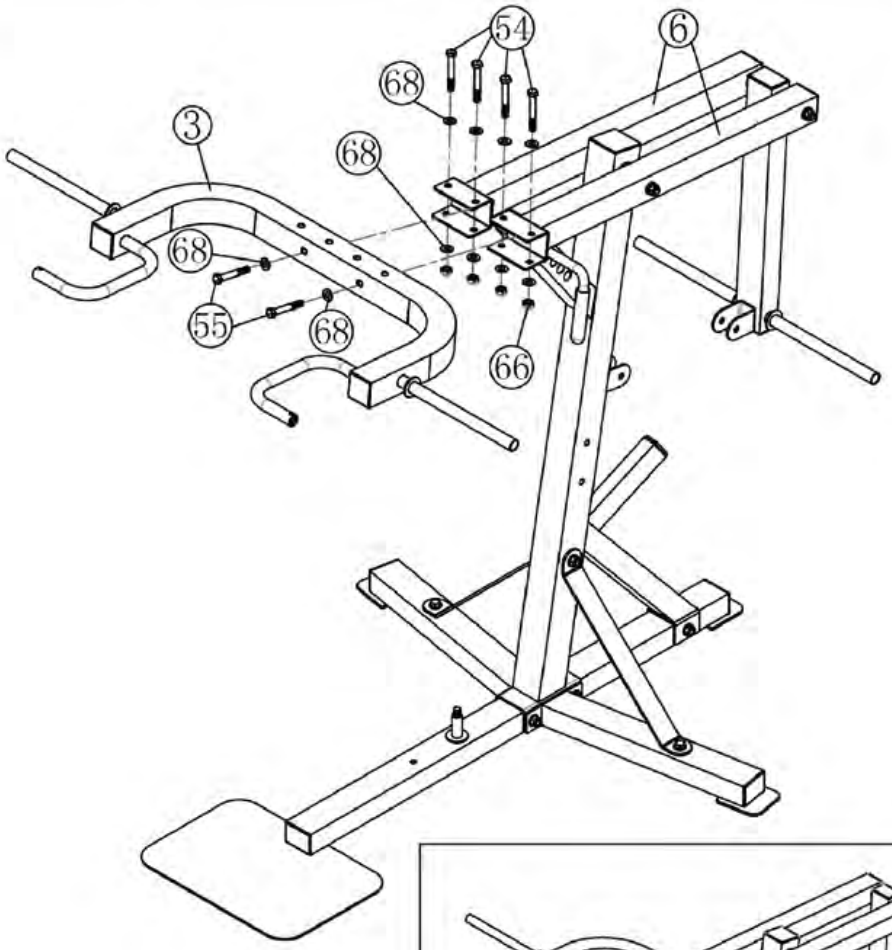
㉕	1	M12XØ19mm	X 260.4mm
㉖	1	M12XØ15.9mm	X 257.2mm
㊸	2	M10X 41.3mm	
㊻	4	M12	
㊼	2	Ø 19mm	
㊽	4	Ø 25.4mm	

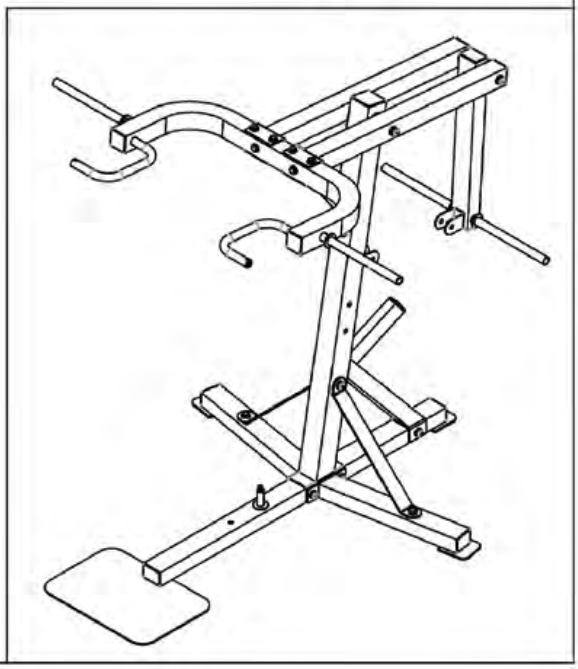


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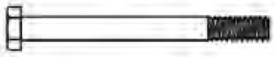
⑤④		4	M12X **85.7mm**
⑤⑤		2	M12X**79.4mm**
⑥⑥		4	M12
⑥⑧		10	⌀**25.4mm**

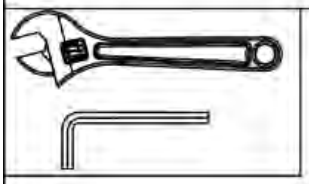


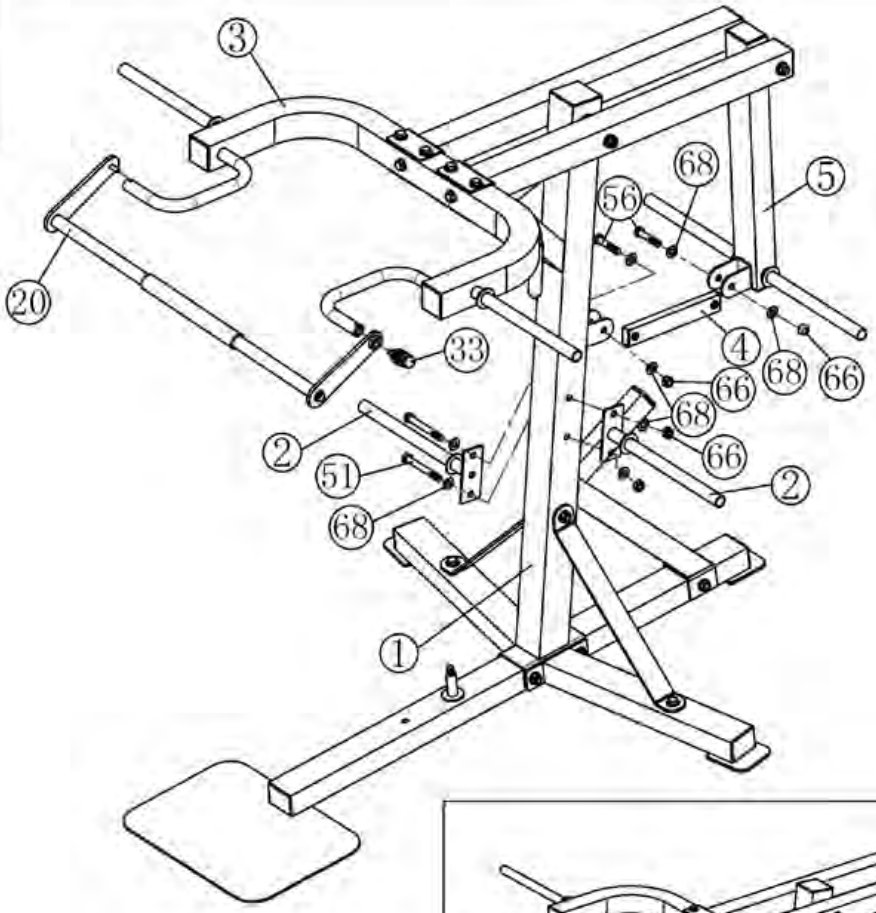


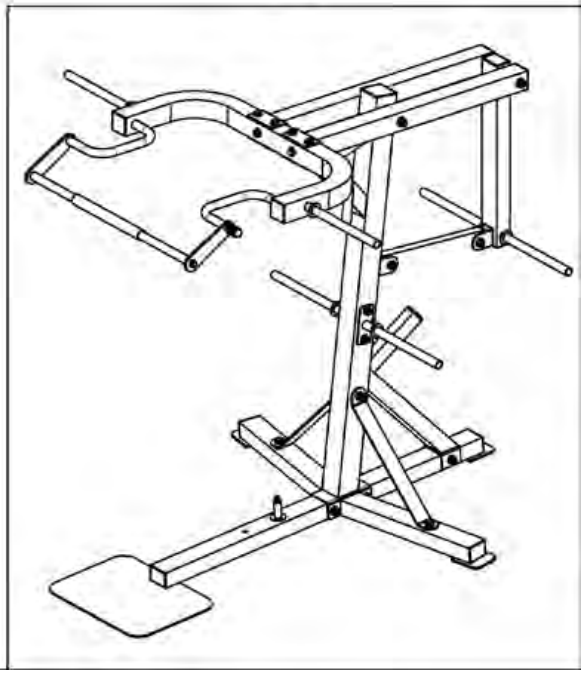


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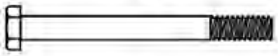
㉝		1	
㊿①		2	M12X**101.6mm**
㊿⑥		2	M12X **60.3mm**
㊿⑥		4	M12
㊿⑧		8	**ø25.4mm**

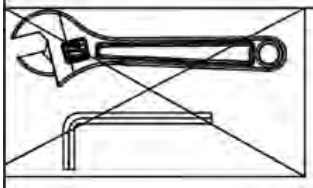


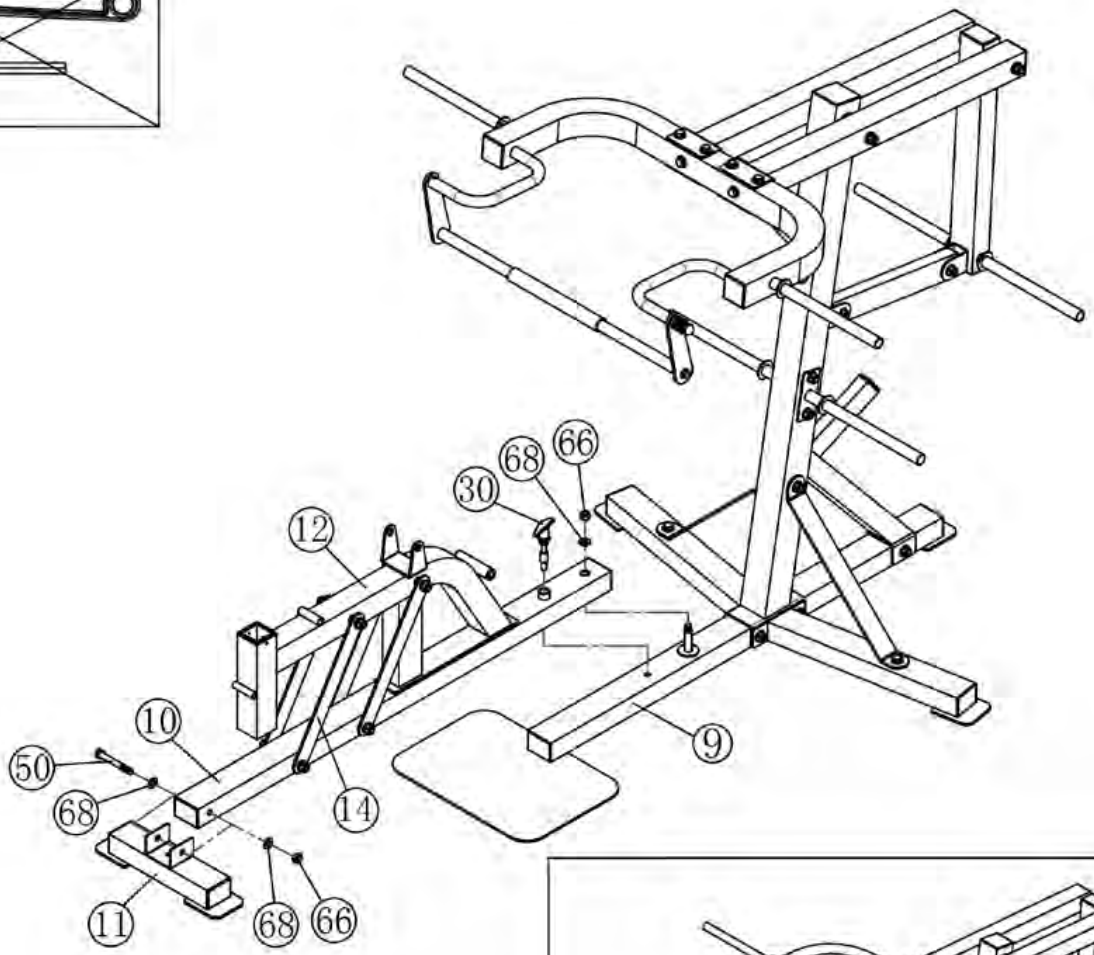


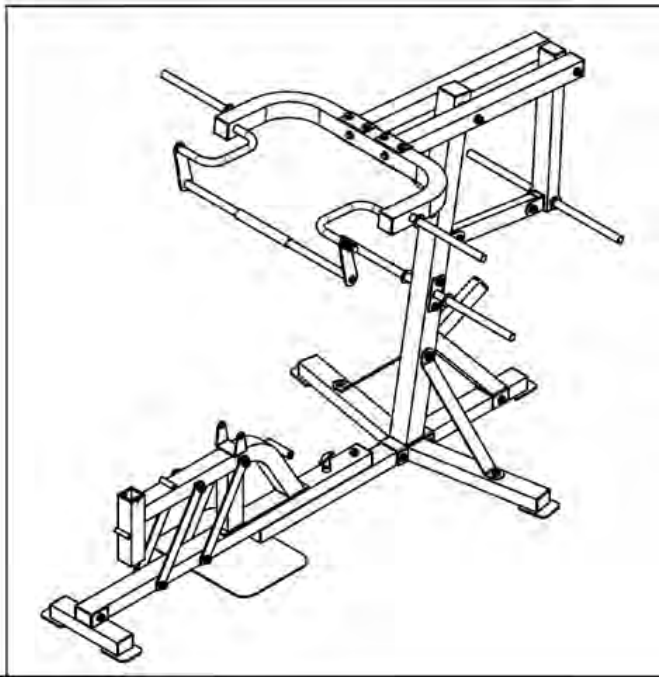


5

㉚		1	
㊿		1	M12X**95.3cm**
㊻		2	M12
㊽		3	**Ø24.5mm**

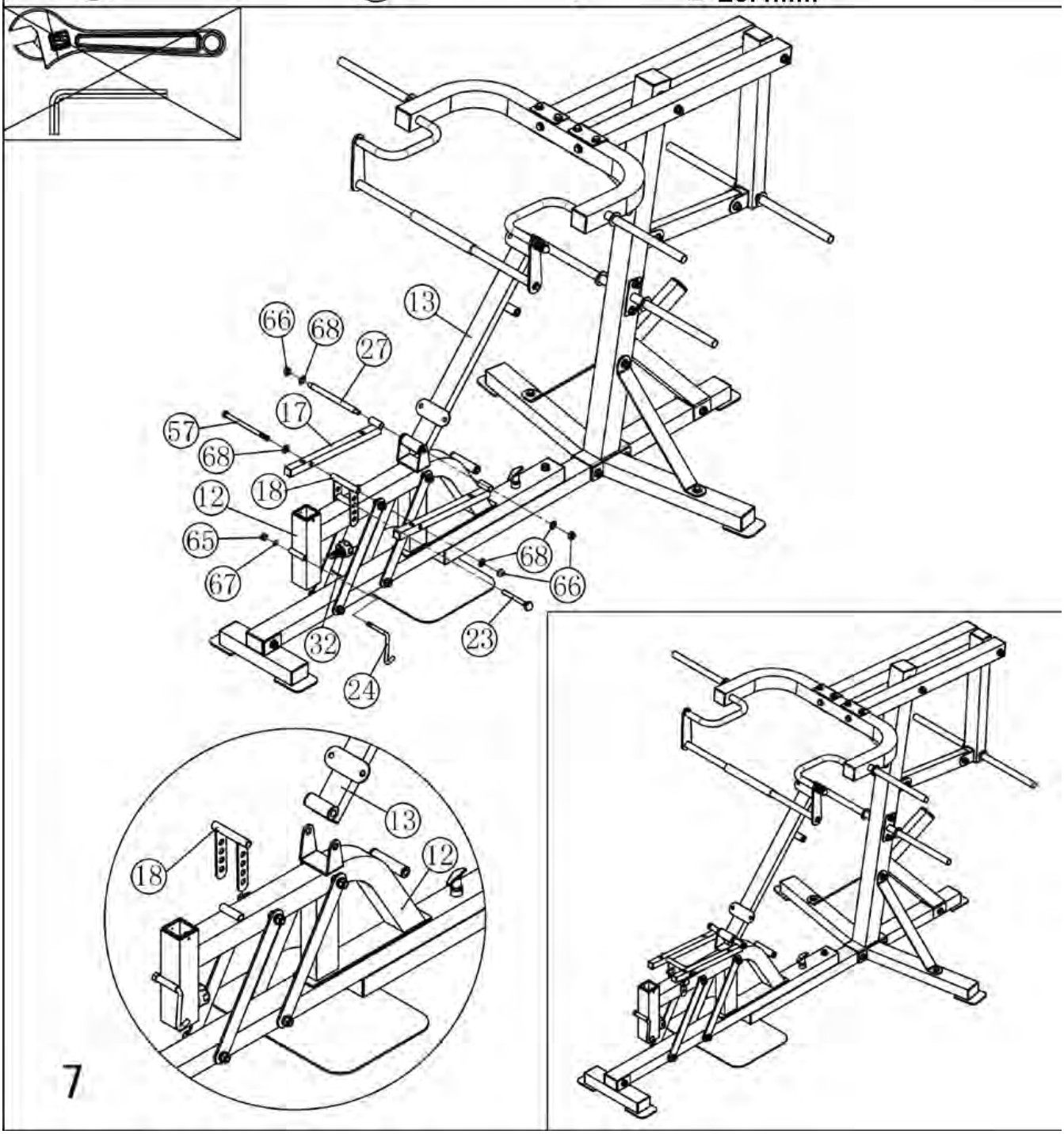


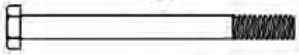
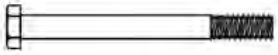


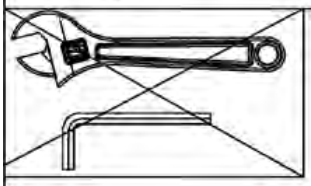


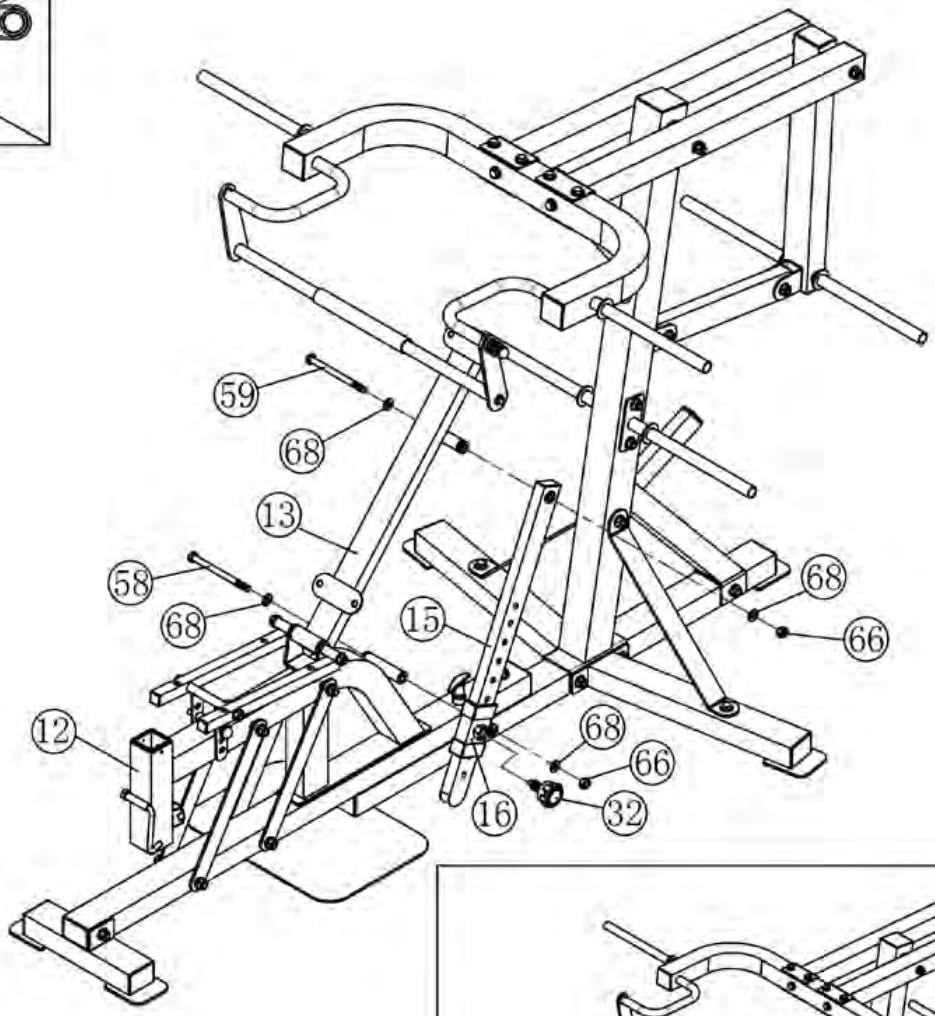
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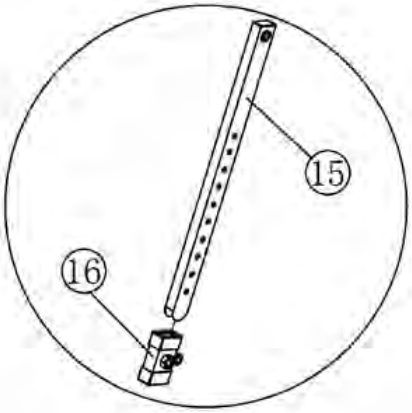
㉓		1	
㉗		1	M12XØ15.9mm X209.5mm
㉜		1	
㊺		1	M12X 171.4mm
㊺		1	M10
㊻		3	M12
㊼		1	Ø 19mm
㊽		4	Ø 25.4mm

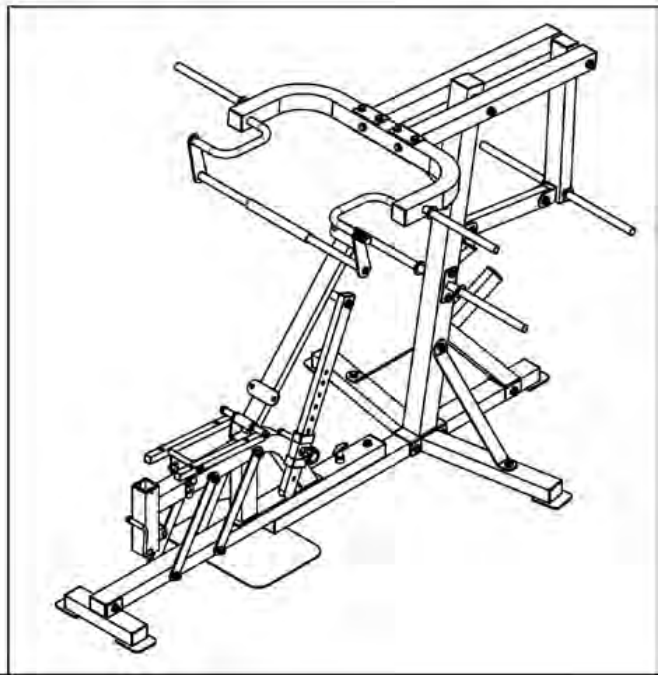


㉜		1	
㊽		1	M12X155.6mm
㊾		1	M12X 152.4mm
㊻		2	M12
㊽		4	ø 25.4mm



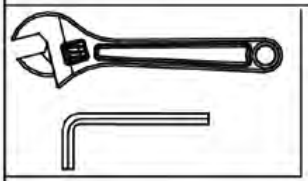


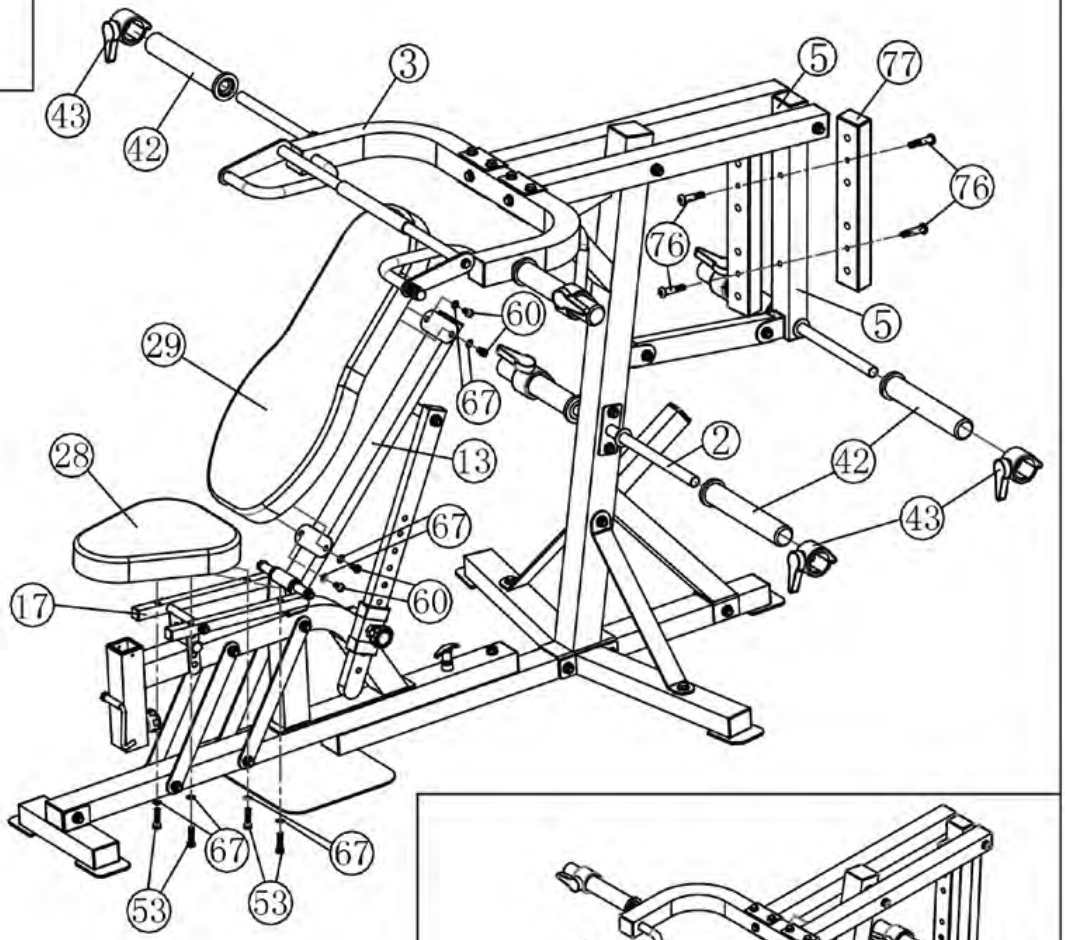


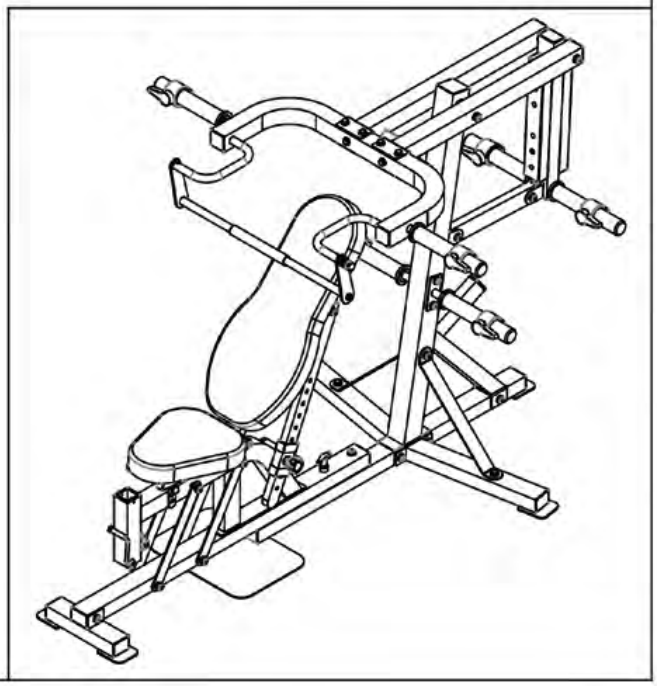


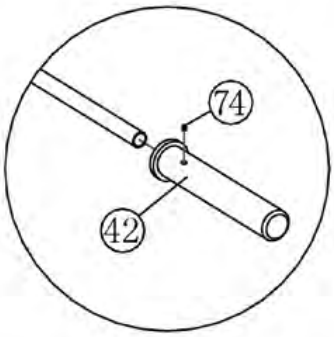
8

⑤③		4	M12X**41.3mm**
⑥⓪		4	M12X**15.9mm**
⑥⑦		8	Φ **19.1mm**
⑦⑥		4	M10X**60.3mm**









9

Pos.	Description	Dimensions	Qty
1	Vertical Frame		1
2	Weight Storage Post		2
3	Lever Arm		1
4	Linkage Tube		1
5	Weight Post Frame		1
6	Lever Support Tube		2
7	Right Base Frame		1
8	Left Base Frame		1
9	Base Frame		1
10	Bench Base Frame		1
11	Front Stabilizer		1
12	Seat Main Frame		1
13	Backrest Support		1
14	Seat Linkage Bar		4
15	Backrest Adjustment Frame		1
16	Sliding Block		1
17	Seat Support		2
18	Seat Adjustment		1
19	Swivel Training Bar Bracket		1
20	Swivel Training Bar		1
21	Vertical Frame Diagonal Support		2
22	Leverage Adjustment Lock Pin		1
23	Seat Incline Lock Pin	Ø1/2” x 4”	1
24	Front Lock Pin		1
25	Axle	M12 x Ø ¾” x 10 ¼”	1
26	Axle	M12 x Ø5/8” x 10 1/8”	1
27	Axle	M12 x Ø5/8” x 8 ¼”	1
28	Seat Pad		1
29	Backrest Board		1
30	T-shaped Lock Pin	M18	1
31	Grip		1
32	Lock Knob	M18	2
33	Linkage Tube Lock Pin		1
34	End Cap	2 3/8” x 2 3/8”	4
35	End Cap	3” x 3”	1
36	End Cap	2” x 2 ¾”	10
37	Sleeve	2 3/8” x 2”	1
38	End Cap	1” x 1”	4
39	End Cap	1 1/8” x 2 3/8”	4

40	End Cap	1” x 2”	1
41	Sleeve	1 1/8” x 2 3/8”	2
42	Olympic Sleeve	Ø2”	6
43	Clip	Ø2”	6
44	Grip	Ø1 ¼” x 23 ¾”	1
45	Grip	Ø1” x 20”	2
46	Grip	Ø ¾” x 4”	1
47	Rubber Bumper	1 7/8” x 1 7/8”	1
48	Ball Bearing	6004	2
49	Hex Bolt	M12 x 4 1/8”	2
50	Hex Bolt	M12 x 3 ¾”	2
51	Hex Bolt	M12 x 4”	3
52	Hex Bolt	M12 x ¾”	2
53	Hex Bolt	M10 x 1 5/8”	6
54	Hex Bolt	M12 x 3 3/8”	4
55	Hex Bolt	M12 x 3 1/8”	2
56	Hex Bolt	M12 x 2 3/8”	2
57	Hex Bolt	M12 x 6 ¾”	1
58	Hex Bolt	M12 x 6 1/8”	1
59	Hex Bolt	M12 x 6”	1
60	Hex Bolt	M10 x 5/8”	4
61	Allen Wrench (Tool)	#4	1
62	Allen Bolt	M6 x 3/8”	1
63	Philips Screw	M4 x ¼”	2
64	Hex Bolt	M10 x ¾”	1
65	Aircraft Nut	M10	1
66	Aircraft Nut	M12	23
67	Washer	Ø ¾”	11
68	Washer	Ø 1”	43
69	Large Washer	Ø 1” x Ø 3/8”	1
70	Metal Bushing	Ø 1” x Ø 5/8”	6
71	Metal Bushing	Ø 1” x Ø ½”	12
72	Metal Bushing	Ø 1 ¼” x Ø 5/8”	2
73	Seat Base Rubber Panel		1
74	Allen Screw	M8 x ½”	6
75	End Cap	Ø 1”	3
76	Flat Allen Bolt	M10 x 2 3/8"	4
77	Counterbalance Bar		2
78	Allen Wrench (Tool)	#6	1

